

Allergy & Asthma Specialists, Ltd.

Welcome to our practice!

We are looking forward to meeting you and assisting with your medical care. In an effort to ensure an optimal appointment experience, please arrive 20 minutes prior to your appointment time.

Please begin by completing your registration forms online at www.allergydocs.net. Print, complete all necessary sections, and bring them to your appointment along with:

- picture ID
- insurance cards
- list of all current medications
- notes from referring physician
- pertinent medical records
- referral/authorization (if required)

Your appointment will need to be rescheduled in the event that the above documentation is not presented at the time of check-in.

In the event that **allergy testing** is performed, please refer to the guidelines below:

Please wear two piece clothing with an undershirt if possible.

Do not apply any moisturizers to your skin on the day of your appointment.

Abstain from antihistamines 5 days prior to your appointment. These include but are not limited to:

- Benadryl (diphenhydramine)
- Zyrtec (cetirizine)
- Xyzal (levocetirizine)
- Claritin (loratadine)
- Clarinex (desloratadine)
- Allegra (fexofenadine)
- Zantac (ranitidine)
- Atarax (hydroxyzine)
- Doxepin/Elavil
- Pepcid (famotidine)
- Chlorpheniramine/Chlor-Trimeton
- Pataday/Pazeo
- Patanol
- Patanase
- Astepro (astelin)
- Allergy eye drops
- Or cold and sinus medications containing "PM"

You may continue ALL other medications including any asthma inhaler(s). If you have questions regarding stopping any medication, please call our office and speak with a member of our nursing staff.

In consideration of our asthmatic patient population, we request that you refrain from using scented lotions, perfumes, and colognes while visiting our office.

If you are unable to keep your appointment, please notify our office 24 hours in advance. Patients will be charged a \$75.00 "no show" fee if appointments are not canceled 24 hours prior to their scheduled time. Payment is due at the time of service.

Thank you for taking the time to prepare for your visit to our office. We look forward to seeing you!

-Allergy and Asthma Staff